



BROADMEADOWS SAILING

GUIDELINES AND PROCEDURES

Sailing Outside of Organised Club Events:

- ✦ MYC Members (adults) are entitled to go for a sail anytime they wish on Broadmeadows (BM) Estuary with their own private boats.
- ✦ Any Adult member with their own boat should have a pen key and familiarise themselves with the procedure for locking up the pen gates when on water. (S.O.P)
- ✦ Adult Members are fully responsible for themselves and their property while out sailing.
- ✦ Members must bear in mind that the main building may not be open on certain days/on certain hours in Winter, so need to make arrangements for their own personal belongings.
- ✦ For junior members, it is the parents responsibility to decide whether or not a child can go sailing outside covered rescue hours. Parents are responsible for their child and their property.
- ✦ Under no circumstances can club boats be used outside Rescue Cover Hours.
- ✦ Under no circumstances can club wet-suits or buoyancy aids, or other Club equipment (radios, buoys, marks etc.) be used for sailing outside scheduled courses and events.

Rescue Cover Hours:

- ✦ If a junior member is out during rescue hours, but not participating in an MYC event, then they must inform the Officer in charge on the night that they are going out sailing. The Officer may instruct them to stay in a particular area which the child must obey.
- ✦ The junior member must notify the Officer if they come in earlier than the rescue coverage time.
- ✦ If a junior member would like to stay out after rescue cover finishes, then the parent must have informed the Officer of the Day that this is ok with them and they will mind their own child. If this is not done in advance, the Officer will have the right to instruct the child to return to the Club unconditionally.
- ✦ If an Adult member is staying out after rescue hours, the rescue boat will make them aware that coverage is finished and that they are no longer responsible for their safety and responsibility then rests with the Adult member from this time onwards.

Supervision/Safety:

- for young members, one parent/guardian MUST remain on site for the duration of sailing sessions. Junior sailors will be supervised on water, but not on land!
- parents expected to help their sailors with boats ie. rig/derig and store away gear.
- In the case of junior members, parents hold a responsibility for promoting adherence to the guidelines set out in MYC Safety Statement and Operating Procedures.

Junior Sailing Competency/Ability:

It is expected/assumed that your sailor has a basic knowledge of how to rig/de-rig a boat themselves, and have a basic knowledge of sailing ie. tacking, gybing etc. If your sailor has not yet attended a Cara na Mara or Level 1 course, it would be advisable to wait for them to complete this before joining in these events.

BROADMEADOWS SAILING

(CONTD.)

Tuesday 7.30 - 9.30 pm Supervised Sailing

Rescue Cover Hours: 19.15 - 21.15

Runs from late May to end of August.

Thursday 7.30 - 9.30 pm Race Series

Rescue Cover Hours: 19.15 - 21.15

Runs from May to October.

Saturday 2.30 - 5.00 Race Series

First Gun 15.00hrs

Rescue Cover 14.30 - 17.00

Runs from April - October

Friday 6.30 - 9.30 pm Family Fun Sail

First Friday of every month

(June - Sept. weather permitting)

(See Flyer for details)

Other

Class Captain Coaching/Training

(watch Web for Updates or join the Class What's App Group)

Club Boats:

Club boats can only be used for the events listed, and while Rescue Cover is available. To book a Club Boat, contact your Class Captain in ADVANCE of the event!

Contacts & Fees:

Oppies: (colm.paul@me.com)	€10 per event
Topaz:	Dave Fowler	€10
Laser:	Jonathon Boyle	€15
Feva :		€20
Vision :	Neil Soffe	€20
420:	David McDowell	€20

- cash can be paid on the night to the class captain.

Guidelines for which boat to rent:

- Optimists: beginners aged 8-12
- Topaz: intermediate 12+
- Lasers: intermediate 14+
- Feva's: Level 3's & 4's (Feva experienced)
- Visions: adults experienced.
- 420's : Level 4 Sailors (teenagers +)

Members Own Boats:

Sailors are individually responsible for:

- Seaworthiness of their own boat
- Deciding whether or not to sail.
- Wearing suitable PFD when on the water
- Advising crew members on the wearing of PFD

Rescue Roster/Duty:

As is customary, qualified parents and instructors are rostered over the season to provide safety cover for our Tuesday, Thursday and Saturday Events. We are always delighted to welcome any parent who would like to get involved in this aspect of the Club, and those interested in training should contact Nick Berry : Nick.berry@sig.com. This is a great way to see your sailors on the water, and your sailors love to see you involved. If any parent would like to hop into a rescue boat on a particular night, please let our rescue staff know on the evening.

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(contd.)

Use of Dinghy Centre during Junior Training Courses:

- ✦ If the building is in use for Courses, Adult Members cannot use the changing/shower facilities while in use by Cadets.
- ✦ Adult members should report to the Senior Instructor as a matter of courtesy and let them know they are going sailing. They should sail in an area away from IS Courses.

MEMBERS MUST BE AWARE, THAT EVEN THOUGH RESCUE COVER IS ON WATER DURING TRAINING COURSES, IF THEY DECIDE TO GO SAILING AND ARE NOT PART OF THE COURSE, THEY DO SO AT THEIR OWN RISK AND CANNOT RELY ON RESCUE TO LOOK AFTER THEM.

Weather:

Please bear in mind weather conditions may change, and these events can be cancelled/limited to experienced sailors if the Safety Officer deems it necessary. Always check the weather before coming down to sail - it's a good habit for sailors to get into, knowing the wind strength and direction helps them plan their evening accordingly.

Clothing:

Please ensure you have as a minimum:

- ✦ Wetsuit (short or long),
- ✦ Booties,
- ✦ PFD (buoyancy aid),
- ✦ Gloves,
- ✦ Hat.
- ✦ Club wetsuits/buoyancy aids cannot be used outside of Course Hours.

Personal Items:

All personal items brought to the Club at owner's risk!