



# March Hare Dinghy Regatta

Saturday, April 25<sup>th</sup>, 2026

## SAILING INSTRUCTIONS

### 1. Rules

- 1.1. These Sailing Instructions (SIs) are to be read in conjunction with the Notice of Race. If there is a conflict between either document than these SIs will prevail.
- 1.2. Irish Sailing prescriptions will apply.

### 2. Communication with Competitors

- 2.1. The official notice board for the event will be online at [www.myc.ie/regatta](http://www.myc.ie/regatta)
- 2.2. The race office is located at the Broadmeadows Club House.
- 2.3. On the water, the Race Committee intends to monitor and communication on VHF radio channel 72.
- 2.4. Amendments to the sailing instructions will be made and posted on the notice board not later than 1 hour before the scheduled warning signal for the first race to which they apply.

### 3. Signals made Ashore

- 3.1 Signals made ashore will be displayed at the flagpole outside the Broadmeadows Club House.

### 4. Racing Area

- 4.1. The racing area is north of the Broadmeadows Club House.

### 5. Schedule

- 5.1. A maximum of 4 races are scheduled. The planned time of the Briefing and Warning Signals for the first race are as follows:

Saturday April 25th	10.30	Competitor Briefing
	11.20	First Warning Signal

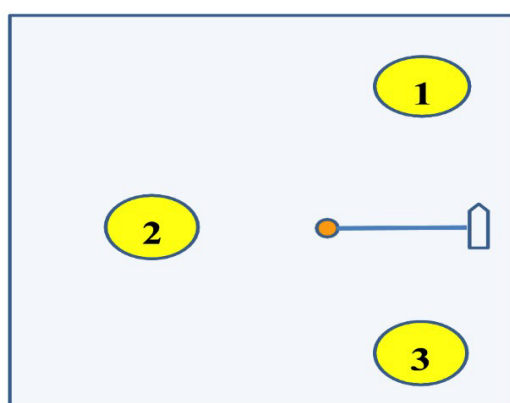
- 5.2. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in the race signal AP. This changes Race Signal AP. [DP] Flag D with one sound signal means the warning signal will be made not less than 30 minutes after flag D is displayed. Boats shall not leave the shore until this signal is made.
- 5.3. The starting sequence for Classes will be Optimists, ILCA and the PY fleet, subject to all of them taking part in each race sequence. The Warning Signal for Classes subsequent to the first start may or may not coincide with the starting signal for the Class ahead of them in the list and competitors shall be advised by the Class flag displayed at their Warning Signal.
- 5.4. Two races shall constitute a series.
- 5.5. Succeeding races will be started as soon as practicable following the finish of the previous race.
- 5.6. The first Warning Signal of a race shall not be made after 1500, except following postponements, recalls and abandonments of a race where a warning signal was made before 1500

## 6. Class Flags

Class		Class Flag
Optimist		Flag O
ILCA		Laser Flag
PY Fleet (Single & Double)		Flag J

## 7. Courses

- 7.1. The course to be sailed by each Class in a race may be either Windward-Leeward, triangular or a mix of the two. The course type will be shown by a flag displayed on the Committee Vessel.
- 7.2. The Committee Vessel will indicate the number of rounds to be sailed by each Class by the display of a number on a board.
- 7.3. The course will be displayed no later than the Preparatory Signal for the Class. This changes RRS 27.1.
- 7.4. The display of **flag W** on the Comm Vessel before the start will indicate the course to be sailed is a Windward Leeward one. Marks used will be those numbered 1 and 2 on the diagram with an additional spreader mark adjacent to mark 1. Each rounding of the spreader mark will constitute one lap. After completing the required number of laps, boats will sail to mark 3 and then to the finish line.
- 7.5. The display of **flag T** on the Comm Vessel will indicate the course to be sailed is triangles using the marks as per the diagram below. Each rounding of the windward mark will constitute one lap. After completing the required number of laps, boats will sail to marks 2 and 3 and then to the finish line.
- 7.6. The display of **flag T and W** together will indicate a Triangle / Sausage hybrid course (with no spreader Mark in use).
  - One round will require just a triangle with a windward to finish (sequence 1-2-3-F).
  - Two rounds will require a triangle (1-2-3) followed by a windward leg, a run back to mark 3 and a windward to finish (full sequence 1-2-3-1-3-F)
  - Three rounds will require a triangle, a run, a second triangle with a windward to finish (sequence 1-2-3-1-3-1-2-3-F)
- 7.7. A red flag flown on the Committee Vessel indicates a port course, as indicated in the sketch of a triangular course below. A green flag indicates a starboard course with all marks rounded to starboard in a mirror image (except for the start/finish line) of the Course diagram below.
- 7.8. The approximate relative mark locations for a Port Course are illustrated below with the horizontal line indicating the start / finish line location:



- 7.9. When a blue flag is flying on the Committee Vessel, indicating that the finish line is active, boats shall not cross the finish line except to finish. Any boat in breach of this SI may be disqualified by the Race Committee without a hearing. This changes RRS A4 and A5.

## 8. Marks

- 8.1. The main rounding marks will be yellow inflatable marks.
- 8.2. The outer limit mark of the start and finish lines will be an orange mark.

## **9. The Start**

- 9.1. Races will be in accordance with RRS 26 with a 5 minute sequence.
- 9.2. The starting line will be between a red and white striped pole on the Committee Vessel and the outer limit mark.
- 9.3. A boat starting later than 5 minutes after her Starting Signal will be scored Did Not Start without a hearing. This changes RRS A4 and A5.
- 9.4. Boats shall keep clear of the starting line until their Warning Signal is made. Any boat in breach of this SI may be disqualified by the Race Committee without a hearing. This changes RRS 63.1, A4 and A5.
- 9.5. After starting, boats shall not cross the starting line while other Classes are within their starting sequence - i.e. while the start line is still active. Any boat in breach of this SI may be disqualified by the Race Committee without a hearing. This changes RRS 63.1, A4 and A5.

## **10. Shortening the Course.**

- 10.1. To change the next leg of the course, the Race Committee will move a mark or marks (or the finishing line) to a new position without signalling. This changes RRS 33.
- 10.2 The course may be shortened at any rounding mark in accordance with RRS 32.
- 10.3. In addition to the option of shortening the course at a mark, the Race Committee may also shorten the course by requiring boats to sail directly from a mark to the finishing line. As boats round a mark, flag 'F' may be displayed from a nearby RIB, accompanied by repeated short sound signals. Boats shall then sail directly from that mark, after rounding it, to the Start / Finish line and finish from the direction of the last mark rounded. This changes RRS32.2. In the event of only specific Classes being required to proceed directly to the finish, the Class flags of the Classes so required will be displayed with flag 'F'.

## **11. The Finish**

- 11.1. The finishing line, unless the race is shortened at a mark of the course, will be between a striped pole on the Committee Vessel, displaying a blue flag, and the course side of the finish mark.
- 11.2. When one or more boat of a Class has sailed the course and finished, the Race Committee may apply an alternative position recording procedure for other boats of that Class. A Support Vessel may display flag W and advise a boat still racing that she will be scored in a place corresponding to her position on the water. The boat, once notified, shall return to the starting area (if further races are scheduled) or ashore and will be scored in the place as recorded by the Race Committee. This changes rule RRS 28.1, A5.2.

## **12. Time Limits**

- 12.1. The Race Time Limit for each Class is 60 minutes and the finishing window for each Class is 10 minutes from the time first boat in that Class sails the course and finishes. The finishing window is the period allowed to boats in a Class to finish after the Class leader has sailed the course and finished. For the ILCA Class, the finishing window for the ILCA 7,6 and 4 rig sizes from the first finisher in the respective rig sizes. For the PY Class, the finishing window will be determined by the relevant PY numbers for the boats competing. Any boat which fails to finish within their respective finishing window shall be scored as Did Not Finish (DNF) without a hearing. This changes RRS 35, A4, A5.1 and A5.2.

## **13. Protest and Redress Hearing Request, Scoring Queries**

- 13.1. Hearing request forms and scoring enquiries are available online at the digital noticeboard for the event at - [www.myc.ie/regatta](http://www.myc.ie/regatta)

## **14. Scoring**

- 14.1. Scoring shall be in accordance with Appendix A4 and A5.2.
- 14.2. When two or fewer races have been completed, a boat's series score will be the total of her race scores.
- 14.3. When three or more races have been completed, a boat's series score will be the total of their race scores excluding their worst score.

## **15. Risk Statement**

- 15.1 All those taking part in the event do so at their own risk and responsibility. The OA or any part involved with the organisation of the event disclaim any and every responsibility whatsoever for loss, damage, injury or inconvenience that might occur to persons and goods both ashore and afloat as a consequence of participation in the races covered by the Notice of Race and these Sailing Instructions. Participation in this event, supporting events and in each race is at the sole discretion of the sailor and at his/her own risk or, where the participant is a minor, at the discretion and risk of their parent /guardian. Notice is drawn to Rule 4 of the RRS which states: "The responsibility for a boat's decision to participate in a race or to continue to race is hers alone".
- 15.2. Sailing by its nature is an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor, (and if under 18 years of age, their parents/ guardians) agree and acknowledge that:
- They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves and their boat to such inherent risk whilst taking part in the event.
  - They are responsible for the safety of themselves, their boat and their other property whether afloat or ashore.
  - They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions.
  - Their boat is in good order, equipped to sail in the event and they are fit to participate.
  - The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities.
  - The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.

## **16. Insurance**

- 16.1 Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of €3,000,000 or the equivalent per event.

## **17. Trolleys**

- 17.1. All trolleys must be in full working order and marked with a current sail number.  
17.2. Old trolley tags must be removed; new trolley tags may be issued at Registration.

## **18. Data Protection and Image Rights**

- 18.1. By entering the Regatta, competitors and support persons accept that they may be photographed and /or videotaped participating in the race and/ or using the Regatta facilities and they consent to the taking of such images and to the use, reuse, publication and republication of such images in any media, in conjunction with the competitors name or not, without compensation and without the competitors approval of such images or any use thereof.

## **19. Prizes**

- 19.1. Prizes will be awarded in each fleet where there is a minimum of three boats as follows:
- where there are three boats in the fleet, a prize will be awarded to first place, or
  - where there are four boats in the fleet, prizes will be awarded for first and second place, or
  - where there are five boats or more, a prize will be awarded for first, second and third place.
- 19.2. Where the ILCA fleet has a minimum of three boats in each of ILCA7, ILCA6 and ILCA4 Classes, each will be considered a separate fleet for the sole purpose of prize-giving with prizes awarded as above.
- 19.3. Other prizes may be added at the discretion of the OA.
- 19.4. Prize giving will take place as soon as practicable after sailors have returned to shore.