

KONA ONE NATIONAL CHAMPIONSHIPS 2026

Malahide Yacht Club, Sunday 11th October 2026

Sailing Instructions

1) Rules

The Regatta shall be governed by the rules as defined in the ISAF Racing Rules of Sailing, ISA prescriptions, Kona class rules

(<https://www.sailing.org/tools/documents/KON2017CR210317-%5B22692%5D.pdf>) and these sailing instructions, unless amended.

Appendix B Windsurfing Competition Rules will apply. In particular rule 31 (touching a mark) is deleted. Rule 42 (propulsion) does apply.

C.2.3 AGE/GENDER/WEIGHT DIVISIONS

(a) Men & Women

Division	Sailor Weight	Sail Size & Colour (top and trims)	Fin
Light Weight	<65Kg	7.4 Yellow or	40/46
		6.6 Orange or Blue	38/40
Light Medium Weight	≥ 65Kg to <75Kg	7.8 Blue or	40/46
		7.4 Yellow	40/46
Medium Weight	≥ 75Kg to <85Kg	8.2 Green or	40/46
		7.8 Blue	40/46
Light Heavy Weight	≥ 86Kg to <98Kg	9.0 Red or	40/46
		8.2 Green	40/46
Heavy Weight	≥ 98Kg	9.8 Orange or	40/46
		9.0 Red	40/46

(b) Cadets. Under the age of 15 years old on 31st December of the current year.

Division	Sail Size & Colour (top and trims)	Fin
Cadets	6.6 Orange or Blue	38
	5.8 Red	38

2) Changes in Sailing Instructions

NB - There will be a competitor briefing at 9.45am in front of MYC Broadmeadows Clubhouse on Sunday 11th October 2026

Any changes will be posted on the Official Notice Board in the Malahide Yacht Club before 1000 on Sunday 11th October 2026. Code Flag L will be displayed on the flagpole in front of the Clubhouse to indicate that a change of instructions has been posted.

3) Signals Made Ashore

Signals made ashore will be displayed on the flagpole in front of the Clubhouse. Code Flag AP with two sound signals means that the race is postponed. The warning signal will be not less than thirty minutes after AP is lowered.

4) Starting

The starting area will be outside the Malahide Yacht Club Broadmeadows clubhouse. Starts shall be in accordance with RRS 26. Flag K will be flown as the class flag. First gun is scheduled for 10.30am

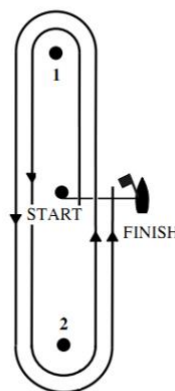
Races 2, 3, 4 and 5 will start as soon as possible after the preceding race. A maximum of 5 races will be sailed, time permitting. The minimum number of races to be sailed will be 1.

5) Courses

Marks Windward & Leeward will be large yellow inflatable marks.

The course will be displayed on the regatta notice board prior to the briefing.

Start – 1 – 2 – 1 – 2 – Finish



Unless changed on the day the course will be 2 laps of the windward leeward course pictured. The start and finish lines will be upwind of the leeward mark and downwind of the windward mark.

6) Starting Line

The starting line will be between a red and white striped pole on the Committee Boat and a teardrop outer limit mark.

7) Shortened Course

A race may be shortened at a mark of the course in accordance with RRS 32.2. Flag S will be displayed on a finish boat positioned near the mark.

8) Finish Line

Unless the course is shortened, the finishing line will be between the red and white striped pole on the Finish Boat and a red outer limit mark. The finish line will be to windward of the leeward mark.

9) Time Limits

The time limit for each race shall be 45 minutes. An extension of 15 minutes shall be granted if any sailboard has finished within the time limit. In all cases, sailboards not finishing within fifteen minutes of the first finisher in their Class shall be deemed to have retired.

After the first sailboard has finished, the Race Committee may offer a finishing position to the sailboard that is still racing and in last place. The finishing position offered to a sailboard will be the number of sailboards ahead of it (both finished and still racing) plus 1 and the sailboard offered the position shall be obliged to accept it and shall thereafter be free to leave the course without

rounding any further marks or going through the finishing line. The Race Committee shall have complete discretion about which races they may make such an offer in and how many sailboards in a race may receive an offer. A sailboard that accepts the place offered will immediately cease to race and the Race Committee may repeat this process with all sailboards that are filling last position at the time the offer is made. The offer may be made via rescue or support boat personnel. This amends the definition of the word "Finish" and changes RRS 28, 35 and A4.

10) **Safety**

All competitors must wear adequate personal buoyancy while on or near the water. Wetsuits or drysuits are not considered adequate buoyancy. The decision to race is the responsibility of the competitors and/or their parents/guardians.

11) **Penalties &Protests**

Penalties in accordance with RRS B44.1& B44.2 shall apply (both modified versions of rules from Appendix B). This specifies that penalties are a 360°-Turn Penalty. Scoring penalties in accordance with RRS 44.3 shall not apply.

Rule 42 (propulsion) will be enforced with disqualification from

the race. There will be no warnings or taking of penalties for violation of rule 42.

Notice of intention to protest must be given to the Finishing Boat (and acknowledgement received) immediately after the race in which the protest incident occurred. Protest shall be written on official Protest Forms. Protests shall be lodged within 60 minutes of the finish of the last sailboard in the last race of the day.

12) **Scoring**

The event will consist of up to 5 races. If 4 races are completed there will be one discard. Points will be awarded using the low points system. Non-starters and retired boats will be awarded points for the finishing place one more than the total number of boats entered in the regatta according to rule A4.2. Ties will be broken in accordance with RRS Appendix A7 and BA8 (modified version of A8 from Appendix B)

13) **Prizes**

The Prize Giving will take place at the Malahide Yacht Club as soon as possible after racing.

ALL COMPETITORS IN THE EVENT SHALL BE DEEMED HONORARY MEMBERS OF THE MALAHIDE YACHT CLUB FOR THE DAY OF THE REGATTA
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EXTRACTS FROM APPENDIX B - WINDSURFING COMPETITION RULES

B3.31 TOUCHING A MARK

Rule 31 is changed to:

A board may touch a mark but shall not hold on to it.

B4.42 PROPULSION

Rule 42 is changed to:

A board shall be propelled only by the action of the wind on the sail, by the action of the water on the hull and by the unassisted actions of the competitor. However, significant progress shall not be made by paddling, swimming or walking.

B4.44 PENALTIES AT THE TIME OF AN INCIDENT

Rule 44 is changed to:

B4.44.1 Taking a Penalty

A board may take a 360°-Turn Penalty when she may have broken one of more rules of Part 2 in an incident while racing. The sailing instructions may specify the use of some other penalty. However, if the board caused injury or serious damage or, despite taking a penalty, gained a significant advantage in the race or series by her breach, her penalty shall be to retire.

B4.44.2 360°-Turn Penalty

After getting well clear of other boards as soon after the incident as possible, a board takes a 360°-Turn Penalty by promptly making a 360° turn with no requirement for a tack or a gybe. When a board takes the penalty at or near the finishing line, she shall sail completely to the course side of the line before finishing.

B8 CHANGES TO APPENDIX A

B8.A1 NUMBER OF RACES; OVERALL SCORES

Rule A1 is changed to:

The number of races scheduled and the number required to be completed to constitute a series shall be stated in the notice of race or sailing instructions. If an event includes more than one

Appendix B WINDSURFING COMPETITION RULES

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discipline or format, the notice of race or sailing instructions shall state how the overall scores are to be calculated.

B8.A2.1 SERIES SCORES

Rule A2.1 is changed to:

Each board's series score shall, subject to rule 90.3(b), be the total of her race scores excluding her

(a) worst score when from 5 to 11 races have been completed, or

(b) two worst scores when 12 or more races have been completed.

(The notice of race or sailing instructions may make a different arrangement. A race is completed if scored; see rule 90.3(a).) If a board has two or more equal worst scores, the score(s) for the race(s) sailed earliest in the series shall be excluded. The board with the lowest series score wins and others shall be ranked accordingly.

B8.A8 SERIES TIES

Rule A8 is changed to:

B8.A8.1 If there is a series-score tie between two or more boards, they shall be ranked in order of their best excluded race score.

B8.A8.2 If a tie remains between two or more boards, each board's race scores, including excluded scores, shall be listed in order of best to worst, and at the first point(s) where there is a difference the tie shall be broken in favour of the board(s) with the best score(s). These scores shall be used even if some of them are excluded scores.

B8.A8.3 If a tie still remains between two or more boards, they shall be ranked in order of their scores in the last race. Any remaining ties shall be broken by using the tied boards' scores in the next-to-last race and so on until all ties are broken. These scores shall be used even if some of them are excluded scores.